

Weekly Reiki Classes

*For those who appreciate growth and change!
Each class offers healing as you are learning.
You do not have to be a practitioner. Many just learn to grow
spiritually and to help themselves and their family.*

Investment: \$25 a week - 6 weeks

*Sunday mornings from 9:00 AM to 11:00 AM
Two hours a week for six weeks will complete the hours needed for
certification.*

In Reiki 1 classes you will learn:

- ' A complete breath and meditation method*
- ' The Cosmic Dance: Raising energy and transforming it*
- ' Grounding and Centering. Self and room preparation*
- ' Self Healing*
- ' How to scan the body and how to beam energy*
- ' A complete healing method, an attunement ceremony and certificate
in Reiki 1*

Call Jaya to register: 248.462.5452